

Kingsmen Athletics

Penn High School - Fall Sports First week of Practice 2024-25



		Friday Saturday Monday Tuesday Wednesday Thursday Friday Saturday							
		August 2nd	August 3rd	August 5th	August 6th	August 7th	August 8th	August 9th	August 10th
Varsity/JV Cheerleading	Time:			4-7pm	4-7pm	4-7pm	4-7pm	4-7pm	
	Location:			Track	Track	Track	Track	Track	
Freshman Cheerleading	Time:				4-7pm	4-7pm	4-7pm	4-7pm	
	Location:				Track	Track	Track	Track	
Boys Cross Country	Time:			6:30-8:30am	6:30-8:30am	6:30-8:30am	6:30-8:30am	6:30-8:30am	7:30-9:00am
	Location:			Penn Door E	Penn Door E	Penn Door E	Penn Door E	Penn Door E	Elm Road Elementary School
Girls Cross Country	Time:			6:30 - 8:30am	6:30 - 8:00am	6:30 - 8:30am	6:30 - 8:00am	6:30 - 8:00am	7:00 - 10:00am
	Location:			Penn KAC (by throwing rings)	Elm Rd Elementary	Penn KAC (by throwing rings)	Penn KAC (by throwing rings)	Elm Rd Elementary	Meet Penn Door E, take bus to Ox Bow Park
Varsity/JV Football	Time:			4:30-8:00pm	4:30-8:00pm	9:00am-5:30pm	4:00-8:00pm	9:00am-5:30pm	8:00am-12:00pm
	Location:			Practice Football Field	Practice Football Field	Practice Football Field	Practice Football Field	Practice Football Field	
Freshman Football	Time:			8am-Noon	8am-11am	8am-11am	8am-11am	8am-11am	9am-10am (pictures)
	Location:			Practice Football Field	Practice Football Field	Practice Football Field	Practice Football Field	Practice Football Field	
Girls Golf	Time:	TBD	TBD	9:00 AM	9:00 AM	11:00 AM	8:30 AM		10:30 AM
	Location:	Tryouts 18 Holes @ Knollwood CC	Tryouts 9 Holes @ Knollwood CC	Homestead Invite @ Chestnut Hills GC	Kingsmen Invite @ Knollwood CC	New Prairie Invite @ Legacy Hills GC	Northwood Invite		State Fall Preview @ Prairie View GC
Boys Soccer	Time:			5:30-8 pm	5:30-8 pm	5:30-8 pm	5:30-8 pm	5:30-8 pm	
	Location:			Soccer Fields	Soccer Fields	Soccer Fields	Soccer Fields	Soccer Fields	
Girls Soccer	Time:			7-9 am, 4-5:30 pm	7-9 am, 4-5:30 pm	7-9 am, 4-5:30 pm	7-9 am, 4-5:30 pm	10 am (Pictures), 11-12:30 pm	
	Location:			Soccer Fields	Soccer Fields	Soccer Fields	Soccer Fields	Soccer Fields	
Boys Tennis	Time:			9-11 am	8-1030 am and 10:00-Noon	8-1030 am and 10:00-Noon	8-1030 am and 10:00-Noon	8-1030 am and 10:00-Noon	
	Location:			Penn High School (Dar & Dot Wiekamp Tennis Courts)	Penn High School (Dar & Dot Wiekamp Tennis Courts)	Penn High School (Dar & Dot Wiekamp Tennis Courts)	Penn High School (Dar & Dot Wiekamp Tennis Courts)	Penn High School (Dar & Dot Wiekamp Tennis Courts)	
Varsity/JV Volleyball	Time:			Tryouts 6-8am	Tryouts 6-8am	Tryouts 6-8am. Parent Meeting 6:30pm	Practice 6-8am, 4-6pm	6-8am. 8:30 pictures then hype video? 1-2 Code of Conduct. Practice 3-5pm	Family Fun Day 11-3
	Location:			Main Arena	Main Arena	Main Arena	Main Arena	Main Arena	
Freshman Volleyball	Time:			Tryouts 6-8am	Tryouts 6-8am	Tryouts 6-8am. Parent Meeting 6:30pm	Practice 6-8am, 4-6pm	6-8am. 8:30 pictures then hype video? 1-2 Code of Conduct. Practice 3-5pm	Family Fun Day 11-3
	Location:			Main Arena	Main Arena	Main Arena	Main Arena	Main Arena	

*Boys Tennis may need to add practices depending on number of players trying out.

****Team Pictures - VB, GSOC, BTEN, GGOLF** ****Team Pictures - FB, CHEER, GXC, BXC, AT's, BSOC**

****All practices are subject to change. Coaches will provide a schedule for the week on the first day of practice**