



*Penn*  
**KINGSMEN**

# *Penn Athletics*

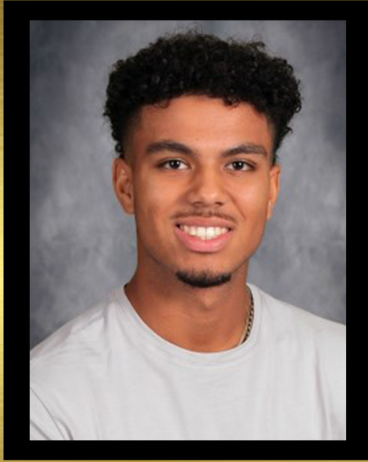
## **Signing Day**

**Principal Sean Galihher  
Athletic Director Jeff Hart  
Assistant Athletic Directors Bridget Williams and Marie Doan**

<b>Student-Athlete</b>	<b>College</b>	<b>Sport/H.S. Coach</b>
<b>R.J. Cromartie</b>	<b>Univ. of Notre Dame</b>	<b>Baseball/Greg Dikos</b>
<b>Casey Finn</b>	<b>Adrian College</b>	<b>Baseball/Greg Dikos</b>
<b>Chris Pelletier</b>	<b>Indiana Tech</b>	<b>Baseball/Greg Dikos</b>
<b>Joe Trenerry</b>	<b>Purdue University</b>	<b>Baseball/Greg Dikos</b>
<b>Karleisha Echols</b>	<b>Ancilla College</b>	<b>Girls Basketball/Kristi Ulrich</b>
<b>Delaney Wade</b>	<b>Wofford College</b>	<b>Girls Golf/Katie Bella</b>
<b>Aubrey Zachary</b>	<b>Purdue-Fort Wayne</b>	<b>Softball/Beth Zachary</b>
<b>Abby Widmar</b>	<b>Indiana State University</b>	<b>Softball/Beth Zachary</b>
<b>Lily Christianson</b>	<b>North Carolina State</b>	<b>Swimming/Jess Preston</b>
<b>Ella Sherwood</b>	<b>Bethel University</b>	<b>Swimming/Jess Preston</b>
<b>Abby Hughes</b>	<b>Spring Arbor University</b>	<b>Volleyball/Kaitlyn Hickey</b>



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NOTRE DAME  
BASEBALL

R.J. Cromartie

SIGNED

# R.J. CROMARTIE



R.J. CROMARTIE, Notre Dame Baseball

R.J. Cromartie, a two-time State Champion for Penn Baseball, will be continuing his Academic and Athletic careers at the University of Notre Dame. Cromartie is continuing his baseball career playing for coaches Shawn Stiffler, Logan Robbins, Ryan Munger and Seth Voltz.

"Notre Dame has always been a special place to me and it felt like home," Cromartie said. "The culture there between not only athletes, but students as well, was very appealing because they are all there to get their degrees and to see one another succeed. The biggest standout to me was definitely their academics and how well they prepare you for life after college."

Cromartie, an infielder for Penn, said that he doesn't have a preference about where he is playing as long as he is playing. He helped lead Penn to win back-to-back State Championships as a Sophomore and Junior. Cromartie hit .315 with a Slugging Percentage of .478. He scored 23 runs and drove in 25 runs.

Cromartie says that Penn has done a tremendous job preparing student-athletes for the next level. He's gotten used to seeing the opponents' best pitching between travel ball and Penn's competition.

"Always being within that competitive atmosphere and seeing the best opponents has definitely helped," Cromartie said.

"Competing for a state title helped me understand the importance of team chemistry, brotherhood, and paying attention to the small details. I think it also helped me understand what the atmosphere will be like at that level."

Penn Baseball Head Coach Greg Dikos said Cromartie plays at an elite level.

"(R.J.) handles adversity in a mature way and is respectful to authority figures (teachers, coaches, umpires)," Dikos said. "He practices with intensity and at game speed. R.J. has a strong passion for the game, especially practice. He is self-disciplined and continues to work on his overall fitness and strength. He has the body typed to handle the rigors of post-high school baseball. His baseball aptitude is off the charts. And finally, R.J. is very coachable. He continues to "think the game" a bit more in terms of strategy, anticipating plays, etc. It has been a privilege to coach him these past three years.

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**ADRIAN COLLEGE  
BASEBALL**

*Casey Finn*

**SIGNED**

# CASEY FINN



**CASEY FINN, Adrian Baseball**

Casey Finn has chosen to take his Academic and Athletic abilities to Adrian College to further his baseball career.

A lot went into the decision that Finn made when he chose Adrian.

"I really liked the team energy and culture that was portrayed as I went on my first visit," Finn said. "I also believe the coaching staff at Adrian can help me develop into a better player."

During the 2023 season, Finn played an important role as the Kingsmen captured their second straight state title.

As a right-handed Designated Hitter and First Baseman, Finn had a .317 batting average (.304 with runners in scoring position), a .397 slugging percentage. Finn lined five doubles, nine RBIs, and scored 24 runs.

"Being a part of the Penn Baseball program has shown me what it takes to be a winner," Finn said. "As a team, you must play catch, throw strikes, and put the ball in play if you want to come out on top.

This upcoming season will be Finn's fourth and final season as he plans to help lead the Kingsmen to their third consecutive state championship.

"Casey has speed and is a very good base-runner," Kingsmen teammate Emerson Cowham said. "He puts the ball in play in key situations. Just like in the Hamilton Southeastern game, he showcased his speed and ability to put the ball in play. That led to our game-winning rally. He's a smooth infielder as well. He can get rid of the ball quickly."

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*Chris Pelletier*

**SIGNED**

# CHRIS PELLETIER



**CHRIS PELLETIER, Indiana Tech Baseball**

**Chris Pelletier, who played on the 2023 Penn Baseball State Championship Team, will continue his Academic at Indiana Tech and suit up for Warriors Baseball.**

**“I chose Indiana Tech because I liked the campus and how close it is to family.” Pelletier said. “I plan to major in engineering, which Indiana Tech has a great program in.”**

**Pelletier, a right-handed pitcher, said that the Penn Baseball program, which has won State Championships in Class 4-A in 2022 and 2023, has helped prepare him for collegiate baseball.**

**“The seniors from last year helped me a lot preparing for the college level,” Pelletier said. “The culture and community at Penn (Baseball) is the best I’ve ever played in with all the players and coaches.”**

**Pelletier will be expected to contribute greatly to Penn’s drive for a third consecutive State Championship.**

**“Chris will play a big part on our pitching staff for the Kingsmen in the 2024 season,” Penn head Coach Greg Dikos said. “He has the Varsity experience to help lead our rookies as well. He leads by example and is a great asset for our younger players. I expect him to be one of our top pitchers this coming season.”**

**“Chris is an excellent competitor on and off of the field,” Penn Baseball Senior and Notre Dame commit R.J. Cromartie said. “His work ethic is what has helped him develop, and he has the mindset of what it takes to be a successful player.”**

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**PURDUE  
BASEBALL**

*Joe Trenerry*

**SIGNED**

# JOE TRENERRY



**JOE TRENERRY, Purdue Baseball**

Joe Trenerry, a key part of the State Champion Kingsmen Baseball program's pitching staff, will be suiting up as a Purdue Boilermaker for the 2025 season.

Trenerry was sidelined due to injury during the 2023 season. He is expected to be in the Kingsmen starting pitching rotation as Penn seeks a State Championship three-peat in 2024.

During the 2022 season, Trenerry had a 4-2 record. The right-handed pitcher had a 3.30 ERA and a 1.389 WHIP. Trenerry struck out 49 batters in 36 innings of work. He walked 18 while giving up 32 hits.

"Purdue is a top-of-the-line education with great athletics," Trenerry said. "I love the coaching staff and they've been very supportive of me since I had UCL reconstruction surgery. They believe in my ability and I trust them to develop me as a player and also an adult."

Trenerry credited Penn with playing an important role in his development.

"Penn Baseball is a great environment to compete in and we all push each other to be the best. Coach Dikos has guided me in the right direction and helped me achieve a lot in my baseball career," Trenerry stated.

Trenerry played a big role in the Kingsmen Baseball 2022 state championship run.

"Joe's biggest thing is his resiliency," said Coach Dikos. "He is coming off of a season-ending injury last year.

"He has remained resilient in his off-season workouts to get himself back in shape and ready for the upcoming season and going into the Division I level," coach Dikos said.

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*Karleisha Echols*

**SIGNED**

# KARLEISHA ECHOLS



KARLEISHA ECHOLS, Ancilla Basketball

Karleisha Echols will take her Academic and Basketball talents to Ancilla College.

Echols averaged 3.5 assists and 2.4 points a game. She also contributed 1.9 steals a game to the Kingsmen defensive effort.

“I chose Ancilla for several reasons,” Echols said. “First, its strong academic programs and supportive community caught my attention. I believe that the smaller class sizes will provide me with a more engaging learning experience with the major of my choosing.

“Second, I was impressed with the team and the coaching staff. They have a great culture and a strong emphasis on player development, which I think will be a great fit for me. The coaches were very supportive and the team made me feel at home.”

Echols said that the Penn Girls Basketball program has helped prepare her for college athletics.

“I think that playing for Penn has taught me the value of hard work and dedication,” Echols said. “Coach (Ulrich) has us playing against strong opponents which helps me adapt to different playing styles and strategies that will be useful next year. Our coaching staff has always pushed me to be my best, both on and off the court, and the lessons I've learned will help me go to the next level.”

Ulrich said that she believes Echols can make an impact in college.

“Karleisha's drive to compete will really allow her to settle into the college game quickly,” Penn Girls Basketball Coach Kristi Ulrich said. “She has the ability to play the point or off guard, plus defend at a very high level. Her confidence is only going to continue to grow during her senior year at Penn. I see Karleisha making an immediate impact next year at Ancilla.”

**#KingsmenNation**



**WOFFORD  
GOLF**

*Delaney Wade*

**SIGNED**

# **DELANEY WADE**



**DELANEY WADE, Wofford Golf**

**Penn Golf State Finalist Delaney Wade will continue her Athletic and Academic careers at Wofford College. Wofford College is located in Spartanburg, South Carolina. The Terriers compete in the Southern Conference.**

**Wade boasts the rare distinction of being a four-year No. 1 player on the Penn Varsity team. She has been the Northern Indiana Conference Individual Champion four years. She has been medalist at countless invitationals, and has finished top 10 as an individual at state finals.**

**“I chose Wofford because of its academic reputation, great golf program and location,” Wade said. “My dream was always to play golf in the South, and Wofford fit all my criteria!”**

**As much as Wade has made an impact on Penn Girls Golf, the Kingsmen program has also made an incredible impact on her golf career.**

**“Penn Girls Golf has taught me how to play as a team and play for one shared goal,” Wade said. “I play a lot of golf over the summer as an individual, but the team aspect is a lot different. Being on a team has helped change my mentality on golf. We win as a team and lose as a team. I’m so grateful for all the teammates and coaches I got to spend lots of time with over the past four years.”**

**Head Coach Katie Bella says Wade has the right features to continue as a Division one college competitor.**

**“Delaney has a great mindset on the golf course,” Bella said. “She hits the ball well, has a long game, and her short game has become really strong this year! Delaney is a great teammate and competitive, which will help her thrive at the next level.”**



## INDIANA STATE SOFTBALL

*Abigail Widmar*

**SIGNED**

# ABIGAIL WIDMAR



**ABBY WIDMAR, Indiana State Softball**

Softball State Champion Abby Widmar will continue her athletic career at Indiana State University playing Division 1 softball.

“I chose Indiana State because of the beautiful campus and academics,” Widmar said. “I also fell in love with the coaches and teammates.”

At 5-foot-9, Widmar is the starting first baseman for the Kingsmen. She helped lead Penn to the 2023 State Championship as a Junior. She throws right and bats right. Widmar posted a .378 batting average in 2023 with a .452 on-base percentage last season.

Widmar says her time at Penn has helped her on and off the field.

“Penn Softball helped me by facing great competition aka facing Keegan Rothrock,” Widmar said of facing the nation’s No. 1 prospect. “Not only just the competition but also holding me accountable and holding me to the highest standard every day.”

Head Softball Coach Beth Zachary said that Widmar has many great skills and aspects that will help her at the next level.

“Abby is an incredibly hard worker who will put in the time and commitment to be the best she can be,” Zachary said.

“Abby also has a knack for coming through in intense, stressful situations because she is able to stay calm and focused,” Zachary continued. “These skills will undoubtedly help her step right in and lead at ISU. Coach Pooch is getting a great player and student-athlete.”



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PURDUE  
— FORT WAYNE —



PURDUE-FORT WAYNE  
SOFTBALL

Aubrey Zachary

SIGNED

# AUBREY ZACHARY



AUBREY ZACHARY, Purdue-Fort Wayne Softball

Aubrey Zachary, who helped lead Penn Softball to a State Championship in 2023, will be continuing her athletic career at Purdue University-Fort Wayne, playing Division I softball.

“I chose Purdue University Fort Wayne because it felt like home. The culture of the school and athletics was inviting from the very beginning.” Zachary said. “I also wanted a college that gave me the ability to play Division 1 softball, be close to home, and allow me to pursue my dreams of becoming a doctor.”

Zachary was a pitcher for the Kingsmen last season. She pitched 3.1 innings in the State Championship Game upset of the nation’s No. 3-ranked team, two-time defending state champ Indianapolis Roncalli. Zachary allowed one hit, zero runs and struck out three. Overall, she was 12-3 with a 2.52 ERA, striking out 155 and walking 53.

Zachary said Penn’s highly competitive schedule will lead to success in college.

“As Coach Zach says, ‘To be the best you have to play the best’ and I truly think that will help me in my athletic career.” Said Zachary. “I also think that having coaches and teammates that are all in has helped me to become a better player.”

Head Softball Coach Beth Zachary - Aubrey’s mother - said that Aubrey is a driven, hard-working and a great teammate.

“Aubrey will succeed at the collegiate level because she is driven, hard-working, a great teammate, and a determined competitor,” Coach Zachary said. “Aubrey has been faced with many challenges over the years and has overcome them all, always coming out stronger than she started. Purdue-Fort Wayne is getting not only a great student-athlete, but an even better person.”

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N.C. STATE  
SWIMMING

*Lily Christianson*

SIGNED

# LILY CHRISTIANSON



LILY CHRISTIANSON, North Carolina State Swimming

Three-time Swim State Champion and Olympic Trials Qualifier Lily Christianson will continue her pursuit of academic and athletic excellence at North Carolina State.

Christianson has won the 50 Freestyle State Championship twice and the 100 Freestyle State Championship once.

“Lily is one of the most dominant swimmers in Indiana high school history,” Penn Swim/Dive Head coach Jess Preston said. “She will compete for conference and national championships at NCSU. She has the work ethic, confidence, and ability to become a world-class athlete.”

Christianson chose N.C. State over Texas, Virginia, Alabama and the University of Southern California.

“I chose N.C. State because it was the place and team that I felt the most comfortable around,” Christianson said. “They had such a family dynamic and I knew that’s what I cared about most at the end of my recruiting experience.”

Christianson won state as a Freshman in the 50 Freestyle and repeated as State Champion as a Sophomore. She won the 100 Freestyle last season as a Junior.

Christianson earned a berth in the Team USA Swimming Olympic Trials in the 50-yard Freestyle as a Freshman.

Christianson swam a state-record time of 25.83 to qualify for the Olympic Trials.

The Olympic Trials were in June of 2021 in Omaha.

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**BETHEL  
SWIM/DIVE**

*Ella Sherwood*

**SIGNED**

# ELLA SHERWOOD



**ELLA SHERWOOD, Bethel Swimming**

**Ella Sherwood, a member of the Penn Girls Swim and Dive team, will be signing to continue her academic and athletic careers at Bethel University.**

**“I have been going to camps and events at Bethel since I was in elementary school, and I knew I wanted something familiar and so Bethel was the right fit for me.” Sherwood said.**

**“My siblings also attend Bethel, and my sister played soccer there, so I’m confident with what it has to offer academically and athletically.”**

**Sherwood competed in the 100 Butterfly at Sectionals her sophomore year, along with the 200 Individual Medley her junior year.**

**“Penn has prepared me to compete with really talented swimmers,” Sherwood said. “I have learned how to get through early and tough morning practices, then again at night for a double practice day.”**

**Penn coach Jess Preston said that Sherwood has been a valuable contributor to Penn.**

**“Ella is a versatile swimmer and will be a huge contributor for her team at Bethel,” Preston said. “Ella always performs her best in the championship season.”**

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**SPRING ARBOR  
VOLLEYBALL**

*Abby Hughes*

**SIGNED**

# ABBY HUGHES



**ABBY HUGHES, Spring Arbor Volleyball**

Abby Hughes will take her Academic and Volleyball talents to Spring Arbor University.

Abby Hughes, a defensive specialist/libero, helped the Kingsmen win the Northern Indiana Conference Championship this season with 27 aces, 332 digs and 62 assists.

“Abby Hughes has made tremendous strides in her game throughout this past club and high school season,” Penn Volleyball Head Coach Kaitlyn Hickey said. “She has become a very talkative, sneaky, and quick player that will come in handy at the next level!”

“I chose Spring Arbor because of the community and how it felt like I was at home,” Hughes said. “The coaches and team were very welcoming and I felt that the program was what I was looking for. Not only did it have a great volleyball team, the academic aspect would set me up for success in the future. The school was a lot like a little community and I love that.”

“Penn volleyball has given me so many opportunities to make myself a better player and person. It has taught me life skills that I will continue to have in college and beyond that. I'm very grateful for how great the program is!”

Penn Senior Georgia Pogue is looking forward to seeing Hughes have a successful collegiate career.

“I've played with Abby for a very long time and one thing in particular is just how competitive Abby is,” Pogue said. “She does not like to lose. Most of the time when she loses a game, it just fuels her to work harder the next time. Also, Abby doesn't get discouraged easily.”