




Kingsmen Athletics

Penn High School - Fall Sports First week of Practice 2023-24

		Friday July 28th	Saturday July 29th	Monday July 31st	Tuesday August 1st	Wednesday August 2nd	Thursday August 3rd	Friday August 4th	Saturday August 5th
	Varsity/JV Cheerleading	Time:			4-7pm	4-6:30pm	4-7pm		
		Location:			Penn Track	PennTrack	Penn Track		
	Freshman Cheerleading	Time:				4-7pm	4-7pm		
		Location:			no practice	Penn Track	penn Track		
	Boys Cross Country	Time:		6:30 - 8:30am	6:30 - 8:30am	6:30 - 8:30am	6:30 - 8:30am	6:30 - 8:30am	7:30-9:00am
		Location:		Penn Track	Penn Track	Penn Track	Penn Track	Penn Track	Elm Road
	Girls Cross Country	Time:		6:30 - 8:30am	6:30 - 8:00am	6:30 - 8:30am	6:30 - 8:00am	6:30 - 8:00am	7:00-10:00am
		Location:		Penn Track	Elm Road Elementary	Penn Track	Penn Track	Elm Road Elementary	Meet Door E for Bus
	Varsity/JV Football	Time:		4:30 meetings 5:30-8 pm Practice Classes, Football Game & Practice Fields	4:30 meetings 5:30-8 pm Practice Classes, Football Game & Practice Fields	9am - 6pm Class, Fitness Center, Cafe, Football Fields	4:30 meetings 5:30-8 pm Practice Classes, Football Game & Practice Fields	9 am - 7:30 pm Class, Fitness Center, Cafe, Football Fields	8 am - 1 pm Football Game & Practice Fields & Cafe
		Location:							
	Freshman Football	Time:		8:00 am - noon	8:00 am - 11 am	8:00am-11am	8:00am-11am	8:00am-11am	9:00am-10am (pictures)
		Location:		Football Game Field	Football Game Field	Practice Football Field	Football Game Field	Practice Football Field	Football Game Field
	Girls Golf	Time:	7:30 am Tryout Round 1	9:00 AM Homestead Invitational @ Chestnut Hills GC Ft. Wayne	7:30 AM Kingsmen Invitational Knollwood CC	4:30 PM Knollwood CC Jimtown/Riley NIC Match	8:30 AM Northwood Invitational McCormick Creek GC	9:45 am code of conduct meeting @ Penn 4:30 pictures @ Knollwood CC practice to follow	1pm Start Time- Depart Transpo 8 am State Preview Prairie View GC
		Location:	Knollwood CC Front West	Knollwood CC Front West					
	Boys Soccer	Time:		5:30-8:00 PM	5:30-8:00 PM	5:30-8:00 PM	5:30-8:00 PM	5:30-8:00 PM	Picture Day 1:30-2:30 PM
		Location:		Soccer Field	Soccer Field	Soccer Field	Soccer Field	Soccer Field	Soccer Field
	Girls Soccer	Time:		7-9 AM, 4-5:30 PM	7-9 AM, 4-5:30 PM	7-9 AM, 4-5:30 PM	7-9 AM, 4-5:30 PM	Pictures (10 am), Practice 11-12:30 PM	
		Location:		Soccer Field	Soccer Field	Soccer Field	Soccer Field	Soccer Field	
	Boys Tennis	Time:		8:00-10:00am V/JV	8-10:30 V	8-10:30 V	8-10:30 V	8-10:30 V	
		Location:			10:00 - noon JV	10:00 - noon JV	10:00 - noon JV	10:00 - noon JV	
	Varsity/JV Volleyball	Time:		Tryouts 6-8am	Tryouts 6-8am	Tryouts 6-8am	Practice 6-8am	Practice 6-8am	Family Fun Day 11-3
		Location:		Main Arena	Main Arena	Main Arena	Main Arena	Main Arena	TBA
	Freshman Volleyball	Time:		Tryouts 6-8am	Tryouts 6-8am	Tryouts 6-8am	Practice 6-8am	Practice 6-8am	Family Fun Day 11-3
		Location:		Main Arena	Main Arena	Main Arena	Main Arena	Main Arena	TBA

*Boys Tennis may need to add practices depending on number of players trying out.

**Team Pictures - VB, GSOC, BTEN, GGOLF **Team Pictures - FB, CHEER, GXC, BXC, AT's, BSOC

**All practices are subject to change. Coaches will provide a schedule for the week on the first day of practice