

## 2023 Girls NIC Championship - 5/9/2023

## Rice Field

## Results - NIC Championship

## Girls 100 Meter Dash

NIC-G: 12.08 \$ 2007		Shearice White	
Name	School	Prelims	
<b>Preliminaries</b>			
1	Thomas, Angel	South Bend A	12.20Q
2	Williams, Ja'leiiya	Elkhart	12.64Q
3	Ugwoke, Sofia	Penn	12.84Q
4	Ford, Samara	South Bend R	12.88Q
5	Ernsperger, Maci	New Prairie	12.91Q
6	Leonard, Terryah	South Bend W	12.97Q
7	Long, Maddy	Jimtown	13.06q
8	Heintzelman, Emma	Penn	13.09q
9	Foster, Kila	Bremen	13.11q
10	Ivory, Kendall	South Bend W	13.15
11	Ellis, Kayanna	South Bend C	13.18
12	Ruiz, Claudia	New Prairie	13.41
13	Minnick, Sophie	John Glenn	13.44
14	Carrasco, Eliana	South Bend S	13.51
15	Holt, Taylor	Elkhart	13.73
16	Feldkamp, Natalie	South Bend S	13.74
17	Sangster, Lynda	South Bend A	13.77
18	Sahlhoff, Sara	Bremen	13.87
19	Cuskaden, Rylee	John Glenn	13.90
20	Mayberry, TiMaryia	South Bend C	14.00
20	Pittman, Alaina	Mishawaka Ma	14.00
22	Wright, Kayla	South Bend R	14.04
23	Kilgore, Kaelynn	Mishawaka Ma	14.12
24	Martin, Emma	Jimtown	14.40

6	Wittrock, Abby	South Bend R	27.45Q
7	Kincaid, Emma	Bremen	27.15q
8	Long, Maddy	Jimtown	27.31q

## Girls 100 Meter Dash

NIC-G: 12.08 \$ 2007		Shearice White	
Name	School	Finals	
<b>Finals</b>			
1	Thomas, Angel	South Bend A	11.97\$ 10
2	Williams, Ja'leiiya	Elkhart	12.66 8
3	Ugwoke, Sofia	Penn	12.84 6
4	Leonard, Terryah	South Bend W	12.86 5
5	Ford, Samara	South Bend R	13.02 4
6	Foster, Kila	Bremen	13.06 3
7	Ernsperger, Maci	New Prairie	13.07 2
8	Long, Maddy	Jimtown	13.28 1
9	Heintzelman, Emma	Penn	13.30

## Girls 200 Meter Dash

NIC-G: 24.95 \$ 2011		Aaliyah McKinney	
Name	School	Prelims	
<b>Preliminaries</b>			
1	Thomas, Angel	South Bend A	25.65Q
2	Williams, Ja'leiiya	Elkhart	25.71Q
3	Ford, Samara	South Bend R	26.33Q
4	Ugwoke, Sofia	Penn	26.83Q
5	Foster, Kila	Bremen	26.86Q



## 2023 Girls NIC Championship - 5/9/2023

## Rice Field

## Results - NIC Championship

9	Heintzelman, Emma	Penn	27.41q	20	Rice, Olivia	New Prairie	1:10.66
10	Ellis, Kayanna	South Bend C	27.42	21	Nicholson, Kyra	South Bend C	1:23.12
11	Walker, Sammy	John Glenn	27.52	---	Ford, Samara	South Bend R	DNF
12	Ernsperger, Maci	New Prairie	27.79				
13	Ruiz, Claudia	New Prairie	27.86				
14	Lane, Tiara	Mishawaka Ma	27.96				
15	Carter, Michelle	South Bend S	28.08				
16	Cuskaden, Rylee	John Glenn	28.27				
17	Wesselhoft, Grace	Elkhart	28.46				
18	Sangster, Lynda	South Bend A	28.49				
19	Mitchell, Monique	South Bend W	28.56				
20	Garretson, Alexis	Jimtown	28.97				
21	Short, Ariana	South Bend C	29.08				
22	Piech, Jenessa	Mishawaka Ma	29.08				
23	Link, Toniya	South Bend W	30.42				

## Girls 200 Meter Dash

NIC-G: 24.95 \$ 2011

Aaliyah McKinney

Name	School	Finals	
<b>Finals</b>			
1	Thomas, Angel	South Bend A	25.65 10
2	Ugwoke, Sofia	Penn	27.18 8
3	Foster, Kila	Bremen	27.35 6
4	Williams, Ja'leiiya	Elkhart	27.65 5
5	Kincaid, Emma	Bremen	27.74 4
6	Heintzelman, Emma	Penn	27.82 3
7	Long, Maddy	Jimtown	27.97 2
8	Wittrock, Abby	South Bend R	28.01 1

## Girls 400 Meter Dash

NIC-G: 56.33 \$ 2004

Caity Lauer

Name	School	Finals	
<b>Finals</b>			
1	Leonard, Terryah	South Bend W	59.25 10
2	Economou, Julia	Penn	59.67 8
3	Kincaid, Emma	Bremen	1:00.96 6
4	Walker, Sammy	John Glenn	1:03.27 5
5	Cruz, Getsemani	South Bend A	1:03.42 4
6	Prokop, Sara	South Bend S	1:03.98 3
7	Mbianda, Janine	Penn	1:05.11 2
8	Sisti, Kiara	South Bend A	1:05.20 1
9	Garretson, Alexis	Jimtown	1:05.84
10	Liddell, Kamille	South Bend R	1:06.02
11	Dikes, Payton	Elkhart	1:06.31
12	Harder, Flarity	Jimtown	1:06.65
13	Johnson, Jaya	Elkhart	1:06.77
14	Fugate, Destiny	South Bend W	1:06.92
15	Mousaw, Karle	Mishawaka Ma	1:06.95
16	Piech, Jenessa	Mishawaka Ma	1:08.17
17	True, Emma	New Prairie	1:08.75
18	McVoy, Taylor	John Glenn	1:09.67
19	Houghton, Ce'Onni	South Bend C	1:10.17



## 2023 Girls NIC Championship - 5/9/2023

## Rice Field

## Results - NIC Championship

## Girls 800 Meter Run

NIC-G: 2:14.99 \$ 2014

Ashleigh Macleod

Name	School	Finals	
<b>Finals</b>			
1 Economou, Julia	Penn	2:23.25	10
2 Frick, Lauren	South Bend S	2:24.60	8
3 Shepherd, Emily	South Bend A	2:26.26	6
4 Morgan, Aubrey	Penn	2:28.25	5
5 Wiegand, Kylie	Jimtown	2:30.88	4
6 Retana, Annika	South Bend R	2:31.35	3
7 Cruz-Portillo, Valeria	Elkhart	2:33.12	2
8 Mowery, Stella	South Bend R	2:40.74	1
9 Kaufman, Jillian	South Bend A	2:40.88	
10 Ritschard, Amelia	South Bend S	2:42.26	
11 Zelasko, Elaine	New Prairie	2:48.95	
12 Tibbs, Cassidy	John Glenn	2:52.18	
13 Whitaker, Tru	Jimtown	2:52.82	
14 Grasty, Meghan	Elkhart	2:53.78	
15 Byrd, Lindsey	Bremen	2:59.87	
16 Donndelinger, Valerie	Mishawaka Ma	3:07.02	
17 Henry, Grace	Mishawaka Ma	3:11.33	
18 Turnage, Alivia	John Glenn	3:20.13	

3 Anderson, Ashlyn	Elkhart	12:27.41	6
4 Tomasek, Deirdre	Mishawaka Ma	12:32.37	5
5 Collins, Tess	South Bend S	12:37.83	4

## Girls 1600 Meter Run

NIC-G: 4:56.55 \$ 2015

Anna Rohrer

Name	School	Finals	
<b>Finals</b>			
1 Eubank, Mary	Penn	5:07.87	10
2 Collins, Morgan	Penn	5:25.21	8
3 Klockow, Hallie	Bremen	5:32.00	6
4 Retana, Annika	South Bend R	5:32.11	5
5 Anderson, Ashlyn	Elkhart	5:45.15	4
6 Cruz-Portillo, Valeria	Elkhart	5:47.77	3
7 Wittrock, Morgan	South Bend R	5:51.60	2
8 Hasler, Eleanor	South Bend A	5:59.33	1
9 Frazee, Cecillia	South Bend A	6:03.31	
10 Beall, Isabella	New Prairie	6:05.12	
11 Juday, Lexi	South Bend S	6:12.66	
12 Jimenez, Victoria	Jimtown	6:25.01	
13 Whitaker, Tru	Jimtown	6:25.98	
14 Byrd, Lindsey	Bremen	6:27.83	
15 Vincent, Ciara	John Glenn	6:39.59	
16 Turnage, Alivia	John Glenn	6:53.60	
17 Stabley-Temple, Molly	Mishawaka Ma	7:05.49	
18 Gerwells, Nadalyn	Mishawaka Ma	7:28.04	

## Girls 3200 Meter Run

NIC-G: 10:37.74 \$ 2014

Anna Rohrer

Name	School	Finals	
<b>Finals</b>			
1 Eubank, Mary	Penn	11:07.29	10
2 Stabnik, Ellie	Penn	11:19.24	8



## 2023 Girls NIC Championship - 5/9/2023

## Rice Field

## Results - NIC Championship

6	Hasler, Eleanor	South Bend A	12:43.95	3	9	Pezzuto, Hannah	Bremen	18.05
7	Retana, Annika	South Bend R	12:49.67	2				
8	Frabutt, Izzy	South Bend S	13:11.48	1				
9	Fraze, Cecillia	South Bend A	13:11.75					
10	Kieszkowski, Margaret	New Prairie	13:25.39					
11	Vincent, Ciara	John Glenn	13:33.55					
12	Berger, Michaela	Bremen	13:38.00					
13	Wittrock, Morgan	South Bend R	14:03.34					
14	Miller, Callie	New Prairie	14:12.99					
15	Quintana, Jessica	Jimtown	14:23.77					
16	Simons, Samantha	Bremen	14:36.99					
17	Reppert, Allison	Jimtown	15:11.97					

## Girls 100 Meter Hurdles

NIC-G: 15.11 \$ 2007 Dezha Moore

Name	School	Prelims
<b>Preliminaries</b>		
1 Swanson, Adriana	South Bend W	\$ 14.80Q
2 Douglas, Kayla	South Bend A	16.01Q
3 Frick, Ella	South Bend S	16.41Q
4 Moser, Brennan	South Bend S	17.30Q
5 Hernandez, Nadia	Penn	17.37Q
6 Skube, Addison	South Bend A	17.67Q
7 Pezzuto, Hannah	Bremen	17.61q
8 Stevens, Ava	Penn	17.76q
9 Robertson, Ava	Jimtown	17.83q
10 Addington, Julienne	Elkhart	17.92
11 Dipiro, Elliot	Jimtown	18.02
12 Higgins, Elizabeth	Elkhart	18.28
13 Stevens, Gracelynn	Bremen	18.60
14 Savedra, Alexandria	Mishawaka Ma	18.62
15 Nero, Za'Maria	South Bend R	19.10
16 Alvarez, Teresa	South Bend R	19.21
17 Carroll, Meghan	New Prairie	19.21
18 Kerr, Zekhia	South Bend W	19.48
19 Romer, Sophia	John Glenn	19.50
20 Schelstraete, Aubrey	New Prairie	19.76
21 Shortt, Stephanie	John Glenn	19.93
22 Gerwels, Nia	Mishawaka Ma	24.08

## Girls 100 Meter Hurdles

NIC-G: 15.11 \$ 2007 Dezha Moore

Name	School	Finals
<b>Finals</b>		
1 Swanson, Adriana	South Bend W	14.75\$ 10
2 Douglas, Kayla	South Bend A	15.84 8
3 Frick, Ella	South Bend S	15.94 6
4 Hernandez, Nadia	Penn	17.04 5
5 Moser, Brennan	South Bend S	17.32 4
6 Skube, Addison	South Bend A	17.38 3
7 Stevens, Ava	Penn	17.60 2
8 Robertson, Ava	Jimtown	17.63 1



2023 Girls NIC Championship - 5/9/2023

Rice Field

Results - NIC Championship

Girls 300 Meter Hurdles

NIC-G: 44.29 S 2002

Laquesha Taylor

Name	School	Finals	
<b>Finals</b>			
1 Swanson, Adriana	South Bend W	46.43	10
2 Frick, Ella	South Bend S	47.72	8
3 Douglas, Kayla	South Bend A	49.06	6
4 Eder, Lainey	South Bend S	49.95	5
5 Hernandez, Nadia	Penn	50.35	4
6 Bailey, Ella	Penn	50.59	3
7 Wittrock, Morgan	South Bend R	50.72	2
8 Higgins, Elizabeth	Elkhart	51.81	1
9 Higgins, Taylor	Elkhart	51.88	
10 Stevens, Gracelynn	Bremen	52.38	
11 O'Connor, Sienna	Bremen	53.03	
12 Paredes, Eliza	New Prairie	53.36	
13 Wittrock, Abby	South Bend R	53.45	
14 Kerr, Zekhia	South Bend W	53.69	
15 Robertson, Ava	Jimtown	54.06	
16 Jasnieski, Anna	New Prairie	54.16	
17 Savedra, Alexandria	Mishawaka Ma	54.39	
18 Skube, Addison	South Bend A	55.28	
19 Dipiro, Elliot	Jimtown	55.94	
20 Romer, Sophia	John Glenn	56.98	
21 Shortt, Stephanie	John Glenn	57.73	
22 Orban-Perez, Liliana	Mishawaka Ma	1:00.43	

7 South Bend Clay	A	53.83	2
1) Kelley, Ciarra			2) Mayberry, TiMaryia
3) Short, Ariana			4) Ellis, Kayanna

Girls 4x100 Meter Relay

NIC-G: 48.87 S 2011

S.Newsoms, G.Williams, A.McKinney, A. Morgan

Team	Relay	Finals	
<b>Finals</b>			
1 Elkhart	A	51.17	10
1) Holt, Taylor	2) Brown, A'Dreanna		
3) Wesselhoft, Grace	4) Williams, Ja'leiiya		
2 Penn	A	51.19	8
1) Gableman, Macey	2) Heintzelman, Emma		
3) Turk, Zoya	4) Ugwoke, Sofia		
3 South Bend Adams	A	51.55	6
1) Douglas, Kayla	2) Thomas, Angel		
3) Frazee, Sofia	4) Sangster, Lynda		
4 South Bend St. Joseph	A	52.83	5
1) Carrasco, Eliana	2) Goben, Paige		
3) Wittig, Maryella	4) Feldkamp, Natalie		
5 Bremen	A	52.92	4
1) O'Connor, Sienna	2) Sahlhoff, Sara		
3) Libey, Elle	4) Foster, Kila		
6 Mishawaka Marian	A	53.32	3
1) Bwalya, Veronica	2) Mousaw, Karle		
3) Piech, Jenessa	4) Lane, Tiara		



2023 Girls NIC Championship - 5/9/2023

Rice Field

Results - NIC Championship

8	New Prairie	A	53.94	1
	1) Ruiz, Claudia			
	3) Martinez, Alizay			
9	South Bend Riley	A	58.67	
	1) Alvarez, Teresa			
	3) Kenny, Aneesah			
---	John Glenn	A	DQ	
	1) Minnick, Sophie			
	3) Sizemore, Sophia			

Girls 4x400 Meter Relay

NIC-G: 4:00.03 \$ 2016

J.Pennix, A.Macleod, M.Woods, E.Mott

Team	Relay	Finals
<b>Finals</b>		
1 Penn	A	4:12.04 10
	1) Gableman, Macey	
	3) Bailey, Ella	
2 Bremen	A	4:14.07 8
	1) Sahlhoff, Sara	
	3) Klockow, Hallie	
3 South Bend St. Joseph	A	4:15.29 6
	1) Prokop, Sara	
	3) Carter, Michelle	
4 South Bend Adams	A	4:16.16 5
	1) Cruz, Getsemani	
	3) Shepherd, Emily	
5 Jimtown	A	4:26.66 4
	1) Long, Maddy	
	3) Clere, Jaymie	
6 John Glenn	A	4:32.36 3
	1) Tibbs, Cassidy	
	3) Minnick, Sophie	
7 Elkhart	A	4:33.46 2
	1) Higgins, Elizabeth	
	3) Eash, Harley	
8 South Bend Clay	A	4:36.09 1
	1) Ellis, Kayanna	
	3) Short, Ariana	
9 South Bend Riley	A	4:37.82
	1) Liddell, Kamille	
	3) Wittrock, Abby	
10 Mishawaka Marian	A	4:41.81
	1) Piech, Jenessa	
	3) Pankiewicz, Quinn	
11 New Prairie	A	4:46.37
	1) True, Emma	
	3) Mondientz, Rebecca	

Girls 4x800 Meter Relay

NIC-G: 9:34.75 \$ 2019

J. Smith, N. Marshall, E.Jonkowski, B.Neal

Team	Relay	Finals
<b>Finals</b>		
1 Penn	A	9:56.57 10
	1) Morgan, Aubrey	
	3) Balinnang, Arianna	
2 South Bend St. Joseph	A	10:27.15 8
	1) Hopkins, Margaret	
	3) Frick, Lauren	
3 Elkhart	A	10:34.78 6
	1) Anderson, Ashlyn	
	3) Dibley, Alaina	
4 South Bend Riley	A	11:04.25 5
	1) Liddell, Kamille	
	3) Wittrock, Morgan	
5 New Prairie	A	11:19.51 4
	1) Lanchsweerd, Megan	
	3) Zelasko, Elaine	
6 South Bend Adams	A	11:28.30 3
	1) Packard, Delaney	
	3) Lawwill, Lexi	
7 Jimtown	A	11:30.71 2
	1) Woolwine, Madison	
	3) Jimenez, Victoria	
8 Bremen	A	12:05.07 1
	1) Rader, Maggie	
	3) Simons, Samantha	
9 John Glenn	A	12:23.54
	1) Turnage, Alivia	
	3) McVoy, Taylor	
10 Mishawaka Marian	A	12:24.40
	1) Donndelinger, Valerie	
	3) Stabley-Temple, Molly	

Girls High Jump

NIC-G: 5-06 \$ 2013

Michelle Adeniyi

Name	School	Finals
<b>Finals</b>		
1 Hughes, Shaniyah	Elkhart	5-04.00 10
2 Douglas, Kayla	South Bend A	5-01.00 8
3 Bailey, Ella	Penn	5-00.00 6
4 Williams, Justyce	Jimtown	J5-00.00 5
5 Mitchell, Monique	South Bend W	4-10.00 3
5 Carroll, Meghan	New Prairie	4-10.00 3
5 Mazurek, Grace	South Bend S	4-10.00 3
8 Romer, Sophia	John Glenn	4-08.00 0.5
8 Stachowski, Emily	New Prairie	4-08.00 0.5
9 Smith, Mallory	Elkhart	J4-08.00
9 Kloska, Lizzy	South Bend S	J4-08.00
9 Pfeiffer, Annika	Bremen	J4-08.00



2023 Girls NIC Championship - 5/9/2023

Rice Field

Results - NIC Championship

9	Malone, Kamerin	Penn	J4-08.00
9	Harder, Flarity	Jimtown	J4-08.00
---	Kiwale, Samara	South Bend R	NH

---	Atkins, Leighann	South Bend R	NH
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Girls Pole Vault

NIC-G: 12-00 \$ 2011

Mackenzie Redman

Name		School	Finals	
<b>Finals</b>				
1	Pletcher, Jill	Penn	10-06.00	10
2	Baltes, Ilayna	New Prairie	J10-06.00	8
3	Albright, Kyla	Elkhart	9-06.00	6
4	Fry, Kate	South Bend S	9-00.00	5
5	Quintano, Lizie	Elkhart	8-06.00	4
6	North, Marlee	Penn	J8-06.00	3
7	Curtis, Avery	South Bend A	8-00.00	2
8	McCourt, Mary Claire	South Bend S	7-06.00	0.5
8	Dubie, Kamryn	South Bend A	7-06.00	0.5
---	Freitag, Megan	South Bend R	NH	
---	Atkins, Leighann	South Bend R	NH	
---	Pezzuto, Hannah	Bremen	NH	
---	Stevens, Gracelynn	Bremen	NH	

Girls Long Jump

NIC-G: 19-00.50 \$ 2009

Avante Newsome-Gunn

Name		School	Finals	
<b>Finals</b>				
1	Hughes, Shaniyah	Elkhart	18-03.50	10
2	Thomas, Angel	South Bend A	17-03.50	8
3	Swanson, Adriana	South Bend W	17-01.00	6
4	Mousaw, Karle	Mishawaka Ma	16-02.50	5
5	Foster, Kila	Bremen	J16-02.50	4
6	Bailey, Ella	Penn	16-01.50	3
7	Woolwine, Madison	Jimtown	15-08.00	2
8	Ivory, Kendall	South Bend W	J15-08.00	1
9	Stout, Samiyah	Elkhart	J15-08.00	
10	Heintzelman, Emma	Penn	15-05.00	
11	Goben, Paige	South Bend S	14-10.00	
12	Jasnieski, Anna	New Prairie	14-07.00	
12	Shortt, Stephanie	John Glenn	14-07.00	
14	Kilgore, Kaelynn	Mishawaka Ma	14-06.00	
15	Frazee, Sofia	South Bend A	14-05.00	
16	Wittig, Maryella	South Bend S	14-02.00	
17	Payne, Holland	South Bend R	13-10.50	
18	Ziolkowski, Gabby	John Glenn	13-01.00	
19	Kelley, Ciarra	South Bend C	13-00.50	
20	Miehle, Lilou	South Bend C	12-09.00	
21	Armour, Ava	Jimtown	12-04.00	
22	Gehring, Evie	South Bend R	10-08.50	
---	Martinez, Alizay	New Prairie	ND	

Girls Shot Put

NIC-G: 43-06.50 \$ 2010

MJ Doan

Name		School	Finals	
<b>Finals</b>				
1	Rouser, Samara	South Bend A	35-06.00	10



## 2023 Girls NIC Championship - 5/9/2023

## Rice Field

## Results - NIC Championship

2	Jellison, Brynlee	Elkhart	34-06.00	8
3	Noubissi, Gabrielle	Penn	32-08.50	6
4	Folkers, Jaycee	Jimtown	32-08.00	5

## Finals ... (Girls Shot Put)

Name	School	Finals	
5 McCann, Leia	South Bend A	32-07.50	4
6 Homo, Madelyn	Elkhart	31-11.00	3
7 Feldkamp, Natalie	South Bend S	31-08.50	2
8 Crowley, Maddi	South Bend S	30-03.50	1
9 Stanley, Arianna	John Glenn	29-06.50	
10 Gay, Kaitlin	New Prairie	28-07.50	
11 King, Brooklyn	Jimtown	28-04.50	
11 Dawson, Hailey	New Prairie	28-04.50	
13 Ladson, Payton	Penn	28-02.00	
14 Hurford, Michaela	John Glenn	27-02.50	
15 Kiwale, Samara	South Bend R	26-02.00	
16 Pfeiffer, Annika	Bremen	25-09.50	
17 Henderson, Mikayla	South Bend R	24-02.00	
18 Wilson, Khai'ja	South Bend W	23-02.00	
19 Pairitz, Sophie	Mishawaka Ma	22-03.00	
20 Garcia, Natalia	Bremen	21-07.00	
21 Rosswurm, Renee	Mishawaka Ma	21-06.50	
22 Douglas, Aleijah	South Bend W	19-10.00	

## Girls Discus Throw

NIC-G: 134-03 \$ 2021

Mia Pulianas

Name	School	Finals	
<b>Finals</b>			
1 Decker, Ava	Elkhart	126-01.75	10
2 McCann, Leia	South Bend A	106-06	8
3 Stanley, Arianna	John Glenn	106-04	6
4 Homo, Madelyn	Elkhart	105-04.75	5
5 Crowley, Maddi	South Bend S	100-08	4
6 McCaskill, Reese	Penn	98-09.50	3
7 Hurford, Michaela	John Glenn	97-03	2
8 Folkers, Jaycee	Jimtown	96-09.50	1
9 Ladson, Payton	Penn	91-08	
10 Rouser, Samara	South Bend A	86-03.75	
11 Gay, Kaitlin	New Prairie	80-08.25	
12 Kiwale, Samara	South Bend R	80-02	
13 Feldkamp, Natalie	South Bend S	76-06	
14 Martin, Maliyah	South Bend R	72-07	
15 Pairitz, Sophie	Mishawaka Ma	72-01.50	
16 King, Brooklyn	Jimtown	69-03	
17 Rosswurm, Renee	Mishawaka Ma	68-05	
18 Fugate, Destiny	South Bend W	65-01	
19 Smith, Hailey	New Prairie	64-11	
20 Garcia, Natalia	Bremen	62-09	
21 Pfeiffer, Annika	Bremen	61-09.50	
22 Wilson, Khai'ja	South Bend W	54-01	
23 Peak, Anyia	South Bend C	36-10.50	
24 Ferguson, Darcy	South Bend C	32-04.75	

Women - Team Rankings - 16 Events Scored





**2023 Girls NIC Championship - 5/9/2023**

**Rice Field**

**Results - NIC Championship**

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1) Penn	151	3) Elkhart	103
2) South Bend Adams	106.5	4) South Bend St. Joseph	73.5
		5) South Bend Washington	45
		6) Bremen	42
		7) Jimtown	27
		8) South Bend Riley	25
		9) New Prairie	18.5
		10) John Glenn	16.5
		11) Mishawaka Marian	13
		12) South Bend Clay	3

